



# THESIS PRESENTATION DAY

## MASTER OF ARTS IN COUNSELING PSYCHOLOGY

Friday May 26, 2017 Nine o' clock in the Morning

## **Schedule Overview**

W Track Thesis Presentations Room A 9:00am—12:00pm

W Track Luncheon Buffet served in the Dining Hall 12:00pm—1:00pm

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L Track Thesis Presentations Room A 1:30pm—4:30pm

L Track Luncheon Buffet served in the Dining Hall 12:30pm—1:30pm

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C Track Thesis Presentations Room G 9:00am—12:00pm

C Track Luncheon Buffet served in the Dining Hall 12:00pm—1:00pm

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D Track Thesis Presentations Room G 1:30pm—3:45pm

D Track Luncheon Buffet served in the Dining Hall 12:30pm - 1:30pm

## About the Master of Arts in Counseling Psychology Thesis Process

Research and writing are two ways among many of finding meaning within and conferring meaning on experience. These fundamentally human activities can be deeply imaginal and intuitive. In research and writing, we seek to uncover the deep truth of the human condition.

Within the context of the Institute's guiding vision, students are encouraged to select a research question they wish to explore in depth through the vehicle of the thesis. Towards this end, the student is asked to:

- pursue an area of individual interest relevant to marriage and family therapy, professional clinical counseling, and depth psychology (e.g., therapeutic issues, psychological motifs, clinical procedures);
- ground this particular area of interest in a conceptual framework (e.g., background information, findings, concluding evaluation);
- demonstrate competency researching a specific area and expressing ideas with clarity and precision.

The Counseling Psychology thesis is the culminating expression of students' graduate course of studies and provides a forum for contributing back into the community the knowledge that students have gained during their educational experience. Master of Arts in Counseling Psychology W Track Thesis Presentations Room A 9:00am—12:00pm

## Hosted by Jemma Elliot, MA, LMFT, LPCC Director of Research

W Track Luncheon Buffet served in the Dining Hall 12:00 – 1:00

## **Christin Marie Frederick**

Portfolio Thesis Advisor: Barbara Boyd Hurt People, Hurt People: Domestic Violence as an Expression of the Soul 9:00 - 9:15

## Jamilla Lightner-Cedeno

Portfolio Thesis Advisor: Barbara Boyd Single Mothers: Marginalized and Dwelling Within the Shadows of Mental Health 9:15 - 9:30

#### Kevin McAdams

Portfolio Thesis Advisor: Barbara Boyd Effects of Immigration on Latino Immigrant Youth 9:30 - 9:45

> <u>Break</u> 9:45 - 10:00

#### **Stephanie Clark**

Portfolio Thesis Advisor: Michael Elliott A Mother's Experience of Grief and Loss: When a Child Dies From a Drug Overdose 10:00 - 10:15

## **Stephen Robert Rowley**

Portfolio Thesis Advisor: Allen Koehn Alchemy and the Imagined Self: The Strange Rhetoric of Memoir 10:15 - 10:30

<u>Break</u>

10:30 - 10:45

## **Christopher L'Esperance**

Portfolio Thesis Advisor: Jorge de la O The Heart of a Warrior: How Indigenous Wisdom can Inform American Masculinity 10:45 - 11:00

#### Maia Anne Kiley

Portfolio Thesis Advisor: Jorge de la O The Hidden Potential of Anger: Encouraging Women to Access Personal Power 11:00 - 11:15

#### Student Panel

Audience Questions & Collective Discussion 11:15 - 12:00

## Master of Arts in Counseling Psychology L Track Thesis Presentations Room A 1:30pm - 4:30pm

## Hosted by Jemma Elliot, MA, LMFT, LPCC Director of Research

L Track Luncheon Buffet served in the Dining Hall 12:30 - 1:30

### Jacob Murdock

Portfolio Thesis Advisor: Avrom Altman Lethe and the Twin Bodhisattvas of Forgiveness and Forgetfulness 1:30 - 1:45

#### **Christine Anne Mourad**

Portfolio Thesis Advisor: Aaron Kipnis Half of the Sky: Integrating the Relational Right Brain in Adolescent Treatment 1:45 - 2:00

#### Owen Graham

Portfolio Thesis Advisor: Aaron Kipnis The Chiron Complex: From Spiritual Bypassing to Individuation 2:00 - 2:15

> <u>Break</u> 2:15 - 2:30

## **Chelsea Elizabeth Phillips**

Portfolio Thesis Advisor: Avrom Altman Encountering the Sacred Temenos: Somatically Integrating Cumulative Trauma and Discovering Wellbeing Within 2:30 - 2:45

Sarah Elizabeth Skutt

Portfolio Thesis Advisor: Barbara Boyd Midlife Metamorphosis: Archetypal Imaginal Psychology in Midlife Rite of Passage 2:45 - 3:00

<u>Break</u>

3:00 - 3:15

#### Marina Vicario

Portfolio Thesis Advisor: Barbara Boyd Dancing With Trauma: A Psychosomatic Exploration of Dance Movement Therapy and Trauma Release 3:15 - 3:30

#### **Allison Batty**

Portfolio Thesis Advisor: Barbara Boyd Integrating the Unconscious Into Conscious Reality: A Jungian Approach to Treating Early Onset Psychosis 3:30 - 3:45

Student Panel Audience Questions & Collective Discussion 3:45 - 4:30

## Master of Arts in Counseling Psychology C Track Thesis Presentations Room G 9:00am - 12:00pm

## Hosted by Thomas Steffora, MA, LMFT Research Associate

C Track Luncheon Buffet served in the Dining Hall 12:00 - 1:00

## Naris Kesheshe

Portfolio Thesis Advisor: Sukey Fontelieu Wounds From the Womb: The Impact of Trauma on the Fetal Psyche 9:00 - 9:15

## Taz Jenna Morgan

Portfolio Thesis Advisor: Sukey Fontelieu Siblinghood and Soul-Making: Life With Brothers and Sisters on the Autism Spectrum 9:15 - 9:30

#### Layla Michelle Subhani

Portfolio Thesis Advisor: Alonso Dominguez Awakening the Dark Feminine: An Archetypal Approach to Adolescent Initiation 9:30 - 9:45

> <u>Break</u> 9:45 - 10:00

Alexandra Rusu

Portfolio Thesis Advisor: Rebecca Pottenger Hungry: Regulating Emotionally Driven Compulsive Overeating in Women Through Conscious Self-Care and Embodiment 10:00 - 10:15

## Minh Tran

#### Portfolio Thesis Advisor: Rebecca Pottenger Toward a Theo Psychology: Theotherapy and the Poeticdynamics of the Archetype of Opposites 10:15 - 10:30

<u>Break</u>

10:30 - 10:45

## Megan Tanneke Bisbee

Portfolio Thesis Advisor: Gioia Jacobson Imagining Social-Emotional Learning and Individuation in Public Schools 10:45 - 11:00

#### **Gregory Vorst**

Portfolio Thesis Advisor: Michael Elliott Alchemical Adornment of the Soul 11:00 - 11:15

#### Student Panel

Audience Questions & Collective Discussion 11:15 - 12:00

## Master of Arts in Counseling Psychology D Track Thesis Presentations Room G 1:30pm - 3:45pm

## Hosted by Thomas Steffora, MA, LMFT Research Associate

D Track Luncheon Buffet served in the Dining Hall 12:30 - 1:30

## <u>Dena Amiri</u>

Portfolio Thesis Advisor: Gioia Jacobson Panic Disorder—A Blessing in Disguise: Transformation Through Immersion Into the Symptoms 1:30 - 1:45

## Caroline Olsen-Van Stone

Portfolio Thesis Advisor: Gioia Jacobson Unbearable Whiteness: Workshop for White Therapists on Cultural Responsive Practice With Black Clients 1:45 - 2:00

#### Robert Roan

Portfolio Thesis Advisor: Michael Elliott Depth and Digital in Conversation: Practicing Marriage and Family Therapy Directly With Video Game Avatars 2:00 - 2:15

> <u>Break</u> 2:15 - 2:30

## **Cheryl Diane Clift**

Portfolio Thesis Advisor: Rebecca Pottenger A World Before Mother: An Archetypal Perspective on Annihilation Anxiety 2:30 - 2:45

### Shannon O'Shea

Portfolio Thesis Advisor: Thomas Steffora The Primordial Tears of a Mother: Discovering Transformation in Grief Through Ritual and Art 2:45 - 3:00

Student Panel Audience Questions & Collective Discussion 3:00 - 3:45

## Research, Writing and the Creative Imagination

Research and writing need not be divided into the artificial categories of academic and creative. The academic and creative can be seen as two impulses of the same activity: a search to discover what is truly revelatory about the subject of your focus and expression. Imagining and perceiving are both essential activities in research and written expression and seek an integral relational language at home in a world of meaning. Research and the act of writing allow you to go beyond what is given or simply perceived in detail; you hope to glimpse what is promised, what is anticipated in the givenness of experience, grasping its deeper psychological ground. It is important to remember that just as you are in a process of a deepening formation, what you intuit as you research and write is similarly provisional and tentative—true for the moment but always open to being reshaped as your larger understanding shifts and grows.

The tradition of depth psychology is less interested in the split between academic and creative expression and more attentive to comprehending a coniunctio between them: a marriage between the senses, ideas, insights, and images that, when summoned together, offer readers a place they have not traveled to before, and an insight for the researcher/writer that you can call your own. Research and the act of writing are ways to free the imagination to explore, to see relationships, to intuit possibilities, and to glean new and provocative forms inherent in the commonplace. These are uniquely creative acts that attempt to bring the voices of authority into a common cause with your own unique voice in order to discern what has not been articulated in just such a way before.

## PACIFICA GRADUATE INSTITUTE CORE VALUES

#### Logos

The idea that academic excellence is central to what informs our curriculum, research, and scholarship—demonstrated by conscious reflective regard for new knowledge resting securely on the traditions of the past that inform the development of the whole person (intellect, dream, intuition, symptoms, feeling, imagination and other ways of knowing) in relation to the larger social world.

#### Eros

The importance of open communication, respectful relationship, care, and a heartfelt regard for a diverse community, which includes a love for learning as a noble goal of the human spirit.

#### Consciousness

The awareness of Pacifica as a "psychological community" with a connection to the deep psyche—mindful attention is given to personal and community introspection, the conscious tending of the shadow of consciousness, and a respect for solar thinking (reason) and lunar reflection (dream and imagination).

#### Integrity

The necessity for a just, psyche-centered attitude rooted in the "wisdom traditions," and committed to cultivating an honest and caring presence among ourselves, our students, and the world around us.

#### Service

To ourselves as unique human beings, to others within the Pacifica community as well as to those we engage in the world through our example, talks, lectures, workshops, writing, teaching; the capacity to see through cultural forms; the art of hosting the incarnate and the invisible; and our ongoing service to our fields of Depth Psychology, Mythological Studies, and the Humanities.

#### Stewardship

Care of the world soul as expressed in Pacifica's motto, animae mundi colendae gratia, becoming sustainable at all levels—from our way of being actively present in imaginal inquiry to our presence in the larger earth community, from work load to land use, from our way of conducting business to our model of doing business.



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