



2015-2016

## Clinical Psychology Alumni Newsletter

### A Note from the Program Chair

Dear Clinical Alumni,

I imagine you know and experience out there in the world what a dynamic large community of clinical alumni from Pacifica are practicing, teaching, consulting, writing, and working in many other capacities around the globe. Since Pacifica's foundation over 40 years ago, and later inauguration of the clinical doctoral degrees in psychology with depth psychology specialization, we now have nearly 600 alums! Your community is growing every year, with new outstanding depth clinicians and scholars.

One of my initiatives as a Chair of the Clinical Psychology Department at Pacifica is to create and keep vibrant a connection among our community of clinical alums, current students, faculty and staff. When we connect, it is remarkable what synergy and transformations occur! We have been and continue to be a very distinct voice in the world of psychology, and I hope that we can nurture new ways to connect as a community.

What I would like to share with you are three initiatives toward this goal:

#### 1) Clinical alumni and student days on campus:

We want to welcome you back to our beautiful soulful campus! Each year during our PhD students' summer session, we will host a top depth scholar for three day Special Topics seminar. One of the days will be set aside a stand-alone presentation day to which all of the students, including dissertation students, along with alumni are invited. This year our Special Topics speaker is Dr. Donald Kalsched, one of the foremost Jungian scholars and author of *Trauma and the Soul*. We hope you come for a day of being on campus with other students,

### Inside

|  |              |
|--|--------------|
| Invitation: Donald Kalsched Lectures August 20 | <b>3-4</b>   |
| New Alumni Book LinkedIn Group                 | <b>5</b>     |
| Alumni News                                    | <b>6-7</b>   |
|  | <b>9-10</b>  |
|  | <b>13-15</b> |
| Alumni Highlight Michael Mollura               | <b>8</b>     |
| Alumni Highlight Doug Henry                    | <b>11</b>    |
| Alumni Highlight Sarrette Zecharria            | <b>12</b>    |
| Alumni Highlight Janet Brito                   | <b>16</b>    |
| Faculty News                                   | <b>17-19</b> |
| Links and Contacts                             | <b>20</b>    |

listening to inspiring lectures, and re-connecting. **See pages 3-4 of this newsletter for details and registration for the Donald Kalsched event, August 20.**

## 2) Professional webinars:

We recognize that one of the reasons for coming to a place like Pacifica is our commitment to continually learning and growing. We also know that there are tasks of professional life that constitute more hoop jumping in your professional life, following your degree, as well as the need for continued education. We now offer monthly webinars to all of our clinical students on topics, some of which may be of interest to you as well. Among the recent offerings have been *Jung and Gender*, *How to Publish*, *African American Experience in Jungian Analysis*, *How to Become a Psychoanalyst or a Jungian Analyst*, *Integrating Spirituality and Meditation in Depth Psychological Practice*, *How to Pass the EPPP*, and more. We hope at some point to convert few of them into CEU online offerings but for now, we would love to share these with you for free. One of the ways (see point 3) is to build a listing and re-foster our connection so that we could share with you not only these webinar links but also job postings, updates from faculty/program, conference calls, and more.

## 3) Clinical community listing

We are working toward creating a brief directory of clinical alumni that allows you to find each other, to refer to each other, and to re-connect. As many of you know, our students also seek therapists for their own inner work – and many would prefer working with one of you. We hope that this listing can be another way to share your professional work and accomplishments as well as learn about alumni nearby or working in settings of interest to you.

Many of you are involved in [Pacifica's Alumni Association](#), and we hope many more of you will be – it is a connection with broader Pacifica community, including with graduates from Mythological Studies, Depth Psychotherapy, Counseling Psychology and other programs. We hope that for many of you it is *both* Pacifica and specifically Clinical Psychology that becomes a touchstone of connection and mutual care. Click here for more details about [PGIAA membership](#).

I feel proud of our history and current work. I feel energy and hope for the future of our clinical offerings because the need for and interest in depth perspectives seems only to grow. I feel that all of us together are nurturing this vision, and hope that these new initiatives put us together so that we could support each other, develop a more visible presence, and collectively attend to the Soul in and of the World.

Walking the paths together,

*Oksana Yakushko*

Chair, Clinical Department



*Please join us Aug 20! Donald Kalsched Lectures*



## **The Pacifica Clinical Psychology Department**

**welcomes you to attend our PhD Special Topics course**

**& separate Public Programs Lecture with**

**Donald Kalsched, PhD**

**Friday, August 19, 6pm to 8pm - PACIFICA Ladera Campus**

**Trauma and the Soul: Navigating the Labyrinth of Affect and Defense**

**August 20, 8am to 8pm – PACIFICA Ladera Campus**

**Early Trauma in the Clinical Situation:  
Intra-psychic & Inter-personal Dimensions**

We invite our esteemed alumni to join with doctoral candidates, current PhD & PsyD students and faculty for this time of learning and community.

**Friday, August 19, 6pm to 8pm - PACIFICA Ladera Campus**

## **Trauma and the Soul: Navigating the Labyrinth of Affect and Defense**

In Blake's image of the good and evil angels fighting for a "child" we see the *dramatis personae* of an archetypal defensive structure I have called the "self-care-system." This dynamic structure which saves the soul at the expense of "possession by a Spirit" creates great difficulties in the psychotherapy of trauma survivors who often show a pathological attachment to their inner objects and intense ambivalence about the suffering necessary to come into being as whole persons. In this lecture we will explore this conundrum as it manifests in the transference, employing both clinical and mythological examples. 2 CECs available\*.

Cost: \$20 General Admission. **This lecture is open to the public.**

**To register for Friday, August 19 [click here](#).**

**August 20, 8am to 8pm – PACIFICA Ladera Campus**

## **Early Trauma in the Clinical Situation: Intra-psychic & Inter-personal Dimensions**

This course will explore the inner world of trauma related to working with individuals in diverse clinical practice settings. Because affect and affect-regulation is a major variable in the inter-subjective dialogue of psychoanalysis, the course will include recent developments in attachment theory and neuroscience, as well as relational theory and recent ideas of how to work with affect-in-the-body. 8 CECs available\*.

This event is not available for registration via the PGI website. **Current PhD students in coursework need not register.** Full payment is required with your registration.

Cost: \$195 Alumni/General admission. \$135 PGI students/Faculty.

**These lectures are not open to the public.**

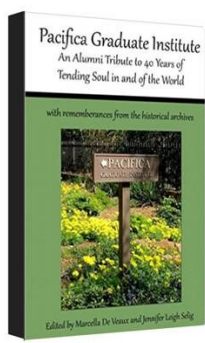
**To register for Saturday, August 20 [click here](#)**

**\*Continuing Education Credit** is available for MFTs, LCSWs, LPCCs, and LEPs through the California Association of Marriage and Family Therapists (provider #67021), for psychologists through the California Psychological Association (PAC014), and for RNs through the California Board of Registered Nurses (provider #CEP 7177). Pacifica Graduate Institute maintains responsibility for this program and its content. **Full attendance at the program is required to receive a certificate.**

**For additional details, email [shericks@pacific.edu](mailto:shericks@pacific.edu)**



# The Pacifica Alumni Book Project is Complete!



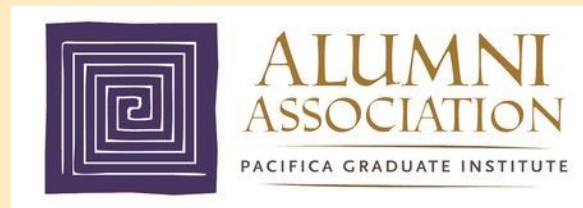
“In these pages you will find reflections of those who have been touched by something more than a graduate education. Here you will find heart-felt expressions of a love for a tradition . . . a lineage extending back to the storytellers of the past and reaching forward to the dreamers of the future.

Between these covers you will touch into the animating psyche of a living institution as told through the experiences of her Alums. On this, our 40th Anniversary, many tell of their journey, their voyage through the generative waters of the deep psyche so alive at Pacifica. Through writings, personal stories, images, memories, and more, many of our Alums offer something of their calling, expressions of how the soul of Pacifica has touched their

soul and how their service to the world has been shaped by what lives in this extraordinary learning community.” (From the foreword by Steve Aizenstat )

In addition to alumni tributes, this 276-page book also contains photographs of both beloved campuses and icons and including photographs of old catalogue covers and Public Programs brochures; speeches and interviews from newsletters from the past; and history of both Pacifica and the alumni association.

[Purchase your copy at the PGI bookstore](#)



## New! PGI Clinical Psychology Group on LinkedIn

We now have a department LinkedIn group to offer a professional social media platform where we can share information and converse with each other. Drawing upon our common background and training, including our depth psychology sensibility, the purpose of this group is to connect Pacifica scholars and clinical practitioners on multiple levels. Members may post and discuss topics broadly relevant to Depth Psychology and Clinical Psychology, including, but not limited to, humanities and the arts. Professional networking, and personal insight are equally welcome.

Other benefits of belonging: This is a peer group of students, alumni and faculty. You can view job postings, calls for papers, and conference announcements; you can share and discuss articles; by all means, promote your own services and accomplishments!

To join:

- ◆ Create a basic profile at [LinkedIn](#)
- ◆ On any page, find the search bar at the very top.
- ◆ Click on the small downward arrow at the left of the search bar
- ◆ Choose “Groups” from the drop down menu
- ◆ Type in Pacifica Graduate Institute—Clinical Psychology.
- ◆ At the top right hand side, click on blue box “request to join.”





## Clinical Alumni News

“Each person enters the world called.”

~James Hillman



We are immensely proud of the way our graduates impact the world. Thanks to all who responded to our call to share here. For future issues please send news & updates to [shericks@pacifica.edu](mailto:shericks@pacifica.edu).



**Maria Luz Martinez, LCSW** (dissertation) is currently Mental Health Clinical Supervisor with the Los Angeles County Department of Mental Health. She and her School Threat Assessment and Response Team (S.T.A.R.T) were recognized this fall for their role in identifying a student who had made bomb threats to students and faculty at the LA Trade Technical College. They were also filmed for a [20/20 Special](#) with Diane Sawyer. The special program, which aired Feb.12, 2016, features the mother of Dylan Klebold one of the Columbine HS shooters. Additionally, she was interviewed by Univision for a program on preventing early intervention of school shootings. She shares, “The education I received at Pacifica has helped me grow professionally and in providing supervision to my clinical team.”



**William James Jones** (dissertation) co-facilitated a presentation and discussion series titled “Ask the Doctor” at Living Praise Christian Center in Chatsworth California. The presentation, titled *The Fatigue of the False Self* was part of a monthly summer symposium. The presentation principles were based in Winicott’s notion of the false self, integrated with concepts from Freud, Jung, and Kohut. The monthly summer 2015 talks were a summation of LPCC’s summer sermons from Dr. Fred L. Hodge, seen through the lens of a mental health perspective. The goal was to help provide the congregation with psychological tools to help get through daily challenges and practical needs. Click [here](#) to listen to him speaking about Pacifica.



**Ifat Peled, Ph.D.** (2014) is in private practice and teaches psychology as an Adjunct at College of the Canyons in Santa Clarita, CA. She has numerous related pursuits including: writing a psychology text book chapter on therapy, including Jungian therapy; giving workshops for interns in clinics on personality disorders from a depth perspective; opening a drug and alcohol rehab center in Northern California; and producing a documentary on the poaching of endangered wildlife animals in Africa.



**Indushree Rajan Ph.D.** (2013) was interviewed by Dr. Dee Gaines, Clinical Neuropsychologist, on the [THE DR. DEE SHOW](#) for her insights and expertise on child sex trafficking. She is a Registered Psychological Assistant to Dr. Paula Bruce, a clinical and forensic psychologist in Beverly Hills, CA, where she works with children, adolescents and adults conducting individual, couple and family psychotherapy, as well as psychological evaluations. Dr. Rajan works with clients presenting with a wide range of concerns, and has particular expertise in working with trauma.

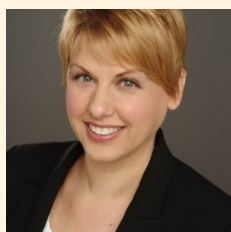
## Clinical Alumni News



**Jennifer M. Sandoval, Ph.D.** (2013) is opening a new practice and publishing “[A Psychological Inquiry into the Meaning and Concept of Forgiveness](#).” With fellow alum **John Knapp**, she has edited *Psychology as the Discipline of Interiority: 'The Psychological Difference' in the Work of Wolfgang Giegerich*, pending release by Taylor & Francis. This is the first book of collected essays dedicated to the study and application of psychology as the discipline of interiority (PDI). It includes a new essay from Wolfgang Giegerich and contributions from Jungian analysts, clinical psychologists, and scholars from across the globe, including three recent Pacifica graduates (Daniel Anderson (2014) and the editors). This collection expounds upon the complexity, depth, and innovativeness of Giegerich’s thought, reflecting the various ways in which international scholars have creatively explored a speculative psychology founded upon the notion of soul.



**Evan Miller, Ph.D.** (2013) is CEO of [Akua Mind and Body](#) a 100 bed drug and alcohol treatment center in Newport Beach. This innovative clinical program is based in Eastern Medicine and Western Science. Dr. Miller lectures nationally and internationally on addiction and has been featured in television and print media as an expert in the field.



**Jacinda Tucker, Ph.D.** (2013) completed her postdoc hours as an Outcomes Analyst at the Harris Center, a community mental health agency in Houston. She worked in applied research/outcomes and then was promoted to Manager of Community Training. The department focuses on suicide prevention trainings for the community and develops protocols to contribute to the research for those trainings. She also teaches Evidence Based Practice at the University of Houston in the Graduate College of Social Work as the sole psychologist. Her focus is on understanding research methods and evaluating research in applied settings. Mental Health First Aid, Applied Suicide Intervention Skills Training, and safeTALK courses are provided for the community. Jacinda shares, “I really love teaching individuals outside of the mental health community how to respond to a crisis. We are working on a protocol to evaluate how MHFA works in our community in Houston- which is super cool for me! I am so glad that I focused on a quantitative research dissertation. It has opened many doors for me post graduation. If you have students who are working on quantitative projects and may need assistance, I would be glad to be a resource.”



**Joshua L. Cohen, Ph.D.** (2013) authored the book [Video and Filmmaking as Psychotherapy: Research and Practice](#) (Routledge, Feb. 2015). For details and a free webinar about the book go to the [website](#) which is intended to create a collaboration between filmmakers, psychologists, anthropologists, psychiatrists, and art therapists in forming a discussion about the use of film and video based therapy.



## Clinical Alumni Highlights



**Michael Mollura (2012)** wrote his PGI dissertation on the sound of images, composing original music to the dreams of selected subjects as a psychodynamic intervention for those who struggle with depression, mood disorders and schizoaffective

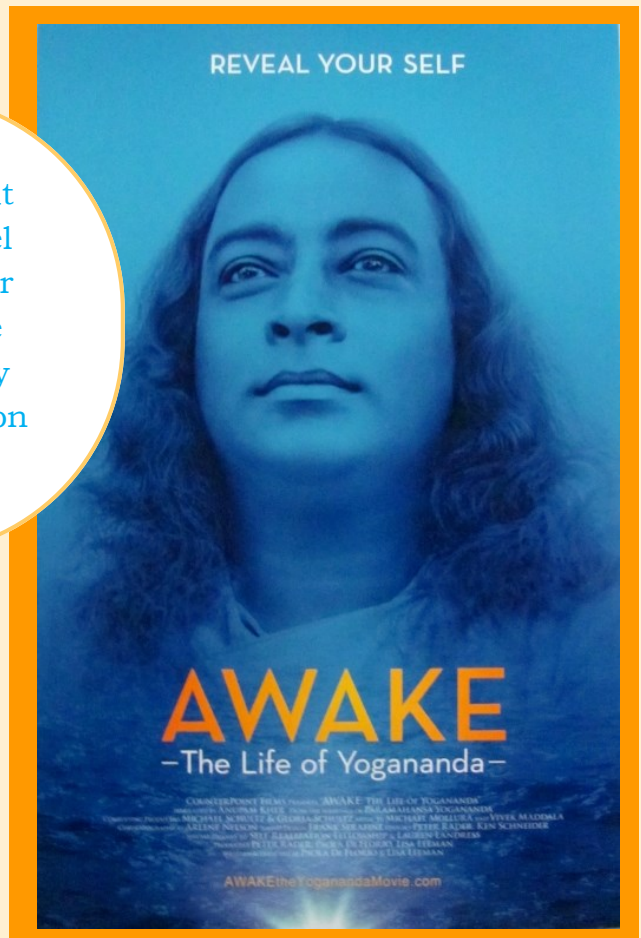
disorder. Now in private practice with co-Pacifica graduate **Dr. Linda O'Dell (2011)**, he currently uses his master's degree in music composition to write original scores to the dreams of his clients, while also using traditional Jungian driven psychotherapy. Michael also scores feature films and recently completed work on the international film ***Awake: The Life of Yogananda***, which continues to screen around the world. In a recent blog, he writes about the nature of music dreaming consciousness for the works composed for that film:

*"In approaching the music for this project I was inspired by the meditative dream-inducing components of Yogananda's writings and the images in the film. I felt that Yogananda's most profound impact on spiritual practices was his ability to communicate the importance of transpersonal meditative states of consciousness which could be sustained not just through practicing meditation, but by mere being. In every word and image of the film, I was drawn inward towards the psychological nature of the work."*

### Michael Mollura, Ph.D.

In 2015, Michael also completed work on another feature film titled *Clarity* starring Nadine Valazquez. He is seeking new projects to score while continuing to do psychodynamic intervention work in California and is developing a film about his work using music and dreams in a clinical setting.

"I'm excited about this work and feel such gratitude for being able to give Depth Psychology a new contribution and a voice."



For more information please visit Michael's [website](#) or click here for the full text of his blog about the score for [AWAKE](#)



## Clinical Alumni News



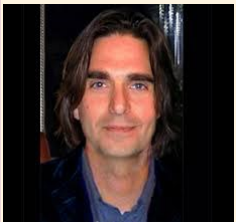
**Jason Kelley, Ph.D.** (2013) established his private practice in Frankfurt, Germany where he serves primarily the English-speaking expatriate community in the area and has the pleasure of working with people from all over the world. He says, “My experiences in Pacifica’s Clinical program have been invaluable in servicing an incredibly diverse population abroad. I find in my practice that the soul-based approach I gleaned from my graduate studies is a precious gift as I reach daily across the bounds of nationality and ethnicity to do the work that I so deeply love. My practice has recently expanded to corporations where I enjoy integrating organizational psychology themes with a depth perspective in workshops and seminars in-tent on diversity training and team building.”



**Virginia Beaufort, M.S., LMHC, Ph.D.** (2013) is the Undergraduate Mentorship/Health Science Program Manager for Undergraduate Education in the College of Letters and Science at the University of California, Santa Barbara (UCSB). In her previous role, as the Director of Academic Affairs for the Association for Advanced Training in the Behavioral Sciences, she helped many Pacifica graduates obtain state licensure in counseling, marriage and family therapy, and psychology. In addition, Virginia specializes in the treatment of eating disorders as well as extended research pursuits in physiognomy. She recently developed and launched an [Undergraduate Mentorship Program](#) at UCSB.

**Lauren Barrett, Ph.D.** (2010) has a private practice in Los Angeles, CA. Her professional interests include promoting the physical and emotional well-being of women and children. She gave her first public talk at the Association for Prenatal and Perinatal Psychology and Health ([APPPAH](#)) international birth conference in Berkeley recently. It was a huge success and she has been invited to speak at another conference in British Columbia next year. She says “Now I’m inspired to write my book, give more talks, and feel so motivated to start a special interest “perinatal psychology” group for LACPA meetings in Encino.”

**Lisa Brunelle, Ph.D.** (2010) has received her license as a psychologist. She has been employed with the CA Department of Rehabilitation for 18 years.



**Michael W. Summerlin, Ph.D.** (2009) has used his dissertation research in a book entitled [Dual Origins of Personality](#). He then formulated a depth oriented approach to delivering psychological services that became a company named *Emotive Knowledge Psychology* ([EKP](#)). On the faculty of the USC Marshall School of Business, where he teaches Organizational Behavior and Leadership, Michael shares: “It’s been a little surprising how well received and applicable some of the depth psychology concepts are in an organizational psychology program. In my view, Pacifica provided a base for professional and personal growth from which I have been fortunate enough



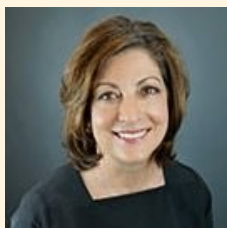
**Juanita Harb, Ph.D.** (2008) is currently in [private practice](#) in Roseville, CA where she sees children, teens, and adults. Modes of therapy include CBT, EMDR, Psychodynamic, and Sandplay. She has taught at University of Phoenix since 2009.

## Clinical Alumni News



**Mark Montijo, Ph.D.** (2006) works as a Healthcare Ombudsman/Mediator (HCOM) for Kaiser Permanente. He recently co-facilitated a workshop with Dr. Rachel Naomi Remen. First licensed in New Mexico as a Clinical Mental Health Counselor, Mark worked in partnership with indigenous healers using traditional healing techniques. Having deepened the bonds he first made with a network of traditional healers many years ago, Mark continues a 30+ year commitment to track the many connecting threads between Jungian thought and the ancient healing ways of North America.

**Karen Kampfer, Ph.D.** (2006) was recently licensed as a clinical psychologist in the state of Nevada. She believes she may be the only PGI graduate to be licensed in Nevada!



**Ann DeRosa, M.S., Ph.D.** (2005) is Chief Impact Strategist at Chilton Capital Management in Houston, Texas. Through her company Vibrant Business Strategies, she led a panel at [SoCap15](#) titled *Neighborhood Economics: A Whole Portfolio Approach*, in which she and her colleagues shared regenerative investment models to provide immediate access and agency to the underserved and “over served.” This work aims to help foundations and families, pensions, universities and religious endowments not only to align their investments with their work in the world, but to nourish communities of self realization and actualization, innovation, connection and mutuality: all in service to the renewal of our earth and our souls. She will also be sharing this model for regenerative investment in many other venues. She continues her private practice in the US and abroad, using astrological mentoring work aimed at imagining business as a spiritual practice.



**Jennifer J. Wilhoit, Ph.D.** (2005) is the founder of [TEALabor stories](#), a business through which she mentors writers, facilitates Story & Nature Guiding®, offers life transition support, and mediates conflict conversations. Jennifer's writing focuses on inner and outer landscapes, spirituality, death, the writing life and process, community service and creativity. She has authored two books, [Common Ground Between Craft Collectives and Conservation](#) and [Weaving a Network: Women's Crafts Cooperatives and protected Are Managers](#).



**Debra Carriere, Ph.D.** (2003) is starting her second year as a candidate in a 4 year Adult Psychoanalytic Training program at Oregon Psychoanalytic Institute.



**Carola Hauer, Ph.D.** (2003) works at Tri City Medical Center in Oceanside California, which has a very busy ER and a Behavioral Health unit serving patients from all walks of life. Many of them are in either a serious mental health crisis or they are suffering from chronic mental illness. She shares: “Pacifica has prepared me in so many wonderful ways to serve in the capacity of a clinical psychologist and as a psych liaison supervisor. I also have the privilege of providing training and supervision to currently 5 fantastic MFT Interns.”

# Clinical Alumni Highlights

Doug Henry, Ph.D.

## What was your work path, following graduation from Pacifica?

I went to work full-time for four years in the inpatient psychiatric unit at Santa Barbara Cottage Hospital where I did evaluations, group, individual, and family therapy, was also in private practice in SB, and did training and consulting work with the SBPD (Hostage) Negotiation Team and the CIT – Crisis Intervention Team of the SBPD as well.

After working with acute patients, I was eager for a change. While locked inpatient hospital work is terrific training - you really see crises so often that you are less likely to be shocked or flustered over time - it is difficult and even unhealthy, for many psychologists, to sustain this for long periods. My next position was as lead assessor for Santa Barbara County department of Alcohol, Drug, and Mental Health Services (ADMHS), in the Calle Real Adult Outpatient Clinic. Upon licensure in California I was promoted became fluent in managing teams of mental

health professionals. This too was a tremendously valuable experience: I gained insight how to be effective in an environment where clinicians are overloaded by the number of patients seeking services and the scope of their needs. As we all know, this is characteristic of the majority of the behavioral health systems in the U.S., particularly public systems.

After several years at Calle Real, and the birth of our first child, my wife Claudia and I decided to return to Pittsburgh, PA where I was born and raised. I took a position with the University of Pittsburgh Medical Center as Clinical Administrator for Child and Adolescent Psychiatry.

The hospital where I work is actually a large system with more than 400 dedicated inpatient



psychiatric beds, and more than 100 outpatient clinics and programs across Western PA, Ohio, and West Virginia. My role has grown over the years to include the UPMC Center for Autism and Developmental Disorders, Eating Disorders, and integrated BH services.

I am responsible for basically all of the operational components of three inpatient units, 45 or so outpatient clinics, and a licensed private school for students with acute BH challenges. I still see patients and provide direct supervision to pre and post doctoral interns, among others. My role is dynamic and includes lots of interesting elements including school and primary care-based clinics and specialty clinics. My focus remains providing families easy access to the highest quality behavioral healthcare – a continuously evolving goal, as new treatments and service models are both needed and discovered all the time.

## How has Pacifica prepared you for your current position?

Pacifica's Clinical Psychology program was awesome for me. It provided a rock-solid foundation in so many areas: conceptualizing psychological development and personality formation; psychotherapy and interpretation; assessment; even research methodology. The faculty was outstanding generally, and offered some of the brightest luminaries that I am so blessed to have been exposed to: Avedis Panajian, Allen Bishop, Robert

**"Pacifica has anchored me in soulfulness, in depth psychology which is the antidote, and the only antidote, for practicing in an increasingly concrete, trite, and superficial society."**



Romanyshyn, Steve Aizenstat, Dawn George, and Lionel Corbett, among others. I enticed Michael Sipiora, my favorite professor from Duquesne University (my alma mater) to visit Pacifica because I thought it was so wonderful. [Dr. Sipiora is now a PGI core faculty member]

Most importantly, Pacifica has anchored me in soulfulness, in depth psychology which is the antidote, and the only antidote, for practicing in an increasingly concrete, trite, and superficial society. This is especially important as my professional career has been spent mostly practicing within a medical model, one which I hope that I have been able to add depth and humanity to, thanks to Pacifica.

### **What would you recommend to current students at Pacifica in preparation for their professional careers?**

Do not limit your consideration of post-graduation employment options to arenas that have awareness and appreciation for depth perspectives. The world of medicine and the world in general is crying out for you - it is desperately in need of you! Today, there is a growing awareness of something missing in the training and practice of physicians and non-depth psychologists in the U.S. You, and what you know, are what is missing. It is far more effective to approach system-change by influencing from within, than by throwing stones from outside.

## *Clinical Alumni Highlights*

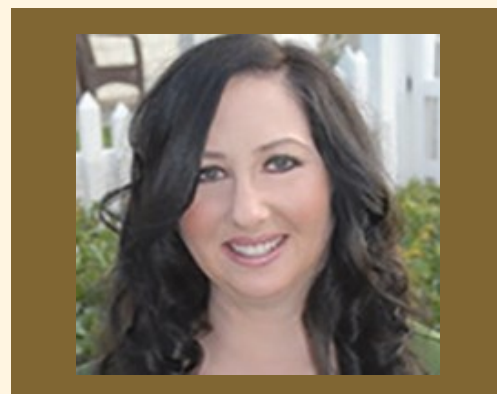
### *Sarette Zecharia, Ph.D.*

#### **Please tell us about your professional life since you graduated from Pacifica.**

When I graduated from Pacifica in 2000, I had moved to Scottsdale Arizona. I did my post doc through the Superior Court of Arizona in the Probation Department. From there I went into private practice and continued to explore more alternative methods to help empower patients to truly value themselves and shine as vibrant divine beings. Through the years, I have also partnered with various clinics to ensure an integrative approach to care and have focused heavily on working with chronic pain at a physical, emotional, mental and spiritual level. I have a local, national and international patient base. On the side, I have taught as adjunct faculty at various universities and lectured prolifically on topics in my expertise, bringing awareness and empowerment to attendees to find their way.

#### **How has Pacifica prepared you for your work?**

When I came to Pacifica, I already had a Ph.D. in Clinical Psychology and I thought I would leave the field because many aspects of it did not agree with me and my thought process. *My discovery of Pacifica was a gift - from the professors and their openness in sharing and exploring, to the understanding that I am not alone in my perception that traditional modalities are stagnant.* After writing my second dissertation, and allowing myself to fall into the



alchemical swirl, Pacifica truly supported and equipped me for my journey.

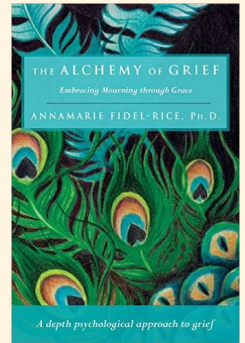
#### **What advice can you share with current Pacifica students that could help them in their professional journey?**

Be authentic and do not change who you are. Your healing comes from within and through your being. There are many modalities but they are only as good as the person who created them, as they reflect their essence. By giving yourself permission to truly explore how your healing happens and transfers to another, you can become an amazing psychologist who will be sought out by those in need. We are all pieces of the puzzle and weave of existence and we all have a valid place. Each gift we have to share is unique.

## Clinical Alumni News



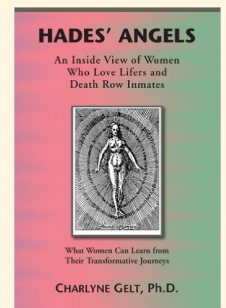
**Annamarie Fidel-Rice, LPC, Ph.D.** (2003) is currently a Full Professor at Regis University in Denver, Colorado and the Coordinator for a Depth Psychology Certificate that students can complete as an emphasis for their MA in Counseling. Her course, *Life Transitions and Grief Therapy* is taught from a Depth Psychological perspective. In 2014 she published [\*The Alchemy of Grief: Embracing Mourning through Grace\*](#). She participated in the author's book signing event last year at the PGI Alumni weekend. She will teach *The Alchemy of Grief* course in Italy in summer 2016 through the [Florence Seminars](#) and also take her 6th group of women to Peru in fall 2016 for the program [Celebrating the Feminine](#).



**Lisa Garber, Ph.D.** (2002) manages a successful private practice in Los Angeles, CA and continues her research on women, motorcycles and riding. She regularly meets with her collaborator, the Voice inside her helmet, while riding. A regular [series of articles](#) results from this collaboration. She recently returned from another inspiring, *International Journal of Motorcycle Studies* conference and is a board member for that organization.



**Charlyne Gelt, Ph.D.** (2001) offers presentations to professional organizations, women's empowerment groups, and men only groups. Her Pacifica dissertation is now a book, [\*Hades' Angels: An inside View of Women Who Love Lifers and Death Row Inmates\*](#). She has made numerous conference presentations on her book and on other topics such as relationship dynamics, creativity, and autism disorders. For a listing of articles and workshops see her [website](#).

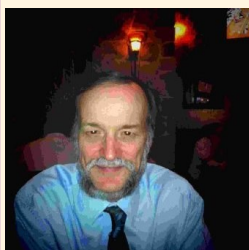


**David Baker, Ph.D.** (2001) is in private practice in Winter Park, Florida, specializing in psychoanalytic psychotherapy for adults, couples and families with individuals serving in the helping professions. He also provides management consulting services to health care institutions and other organizations, focusing on organization development, communication enhancement, conflict management and performance management. He has taught psychology at Rollins College, the University of Central Florida and The Seattle School for Theology and Psychology. He is now on the faculty of the Tampa Bay Institute for Psychoanalytic Studies, and has been presenting at conferences and workshops nationally on themes that integrate psychology and spirituality. He is immediate past president of his local APA Chapter of Division 39 (Psychoanalysis). David enjoys surfing, playing jazz and African percussion, travel photography and being the father of two teen-age boys.

## Clinical Alumni News

**Carmen M. Kobor, Ph.D.** (2000) was certified in October 2015 as a Jungian Analyst at the C. G. Jung Institute of Los Angeles. She shares “I was at Pacifica in that cherished period when we had one campus, with Bishop, Corbett, Romanyshn, and Skafte at the helm.”

**Carmen (left) is pictured here proudly receiving her certificate from with Wendy Wyman McGuinty (right) Chair of the Certifying Board.**



**Hugh McGovern, Ph.D.** (2000): In June 2015, Hugh completed intermediate examinations and was promoted to Diploma Candidate at C. G. Jung Institute in Kusnacht, Switzerland. In November he will begin serving as a Senior Clinical Psychologist with the Health Service Executive in Dublin, Ireland



**Roberta B. Corson, Ph.D.** (1998) is in private practice in an independent office in San Jose, CA. She shares, “While I work with a variety of people and issues, I work especially in the deep, unconscious, inner growth work. I’m now 72 and plan to continue to work for about two more years, when my office lease is up, and when I shall join my husband in retirement. No great external accomplishments to report, but I like to think that people’s lives are changing and changed because of the work we do together. Never for a moment have I regretted the orientation and education of Pacifica.”



**Marica Dobson, Ph.D.** (1998) co-edited two issues of selected papers from the International Association on Psychoanalytic Self Psychology’s 2014 meeting in Israel, titled *Where Do We Feel at Home? Perspectives on Belonging and Not Belonging*. Another article, *Transcendent Dimensions of the Self: A Spiritual Home for Self Psychology?* was published in the January 2015 Issue of the IJPSP. At Colorado College she teaches “Myth and Meaning,” “Life of the Soul,” and “Discovering The Unconscious,” in addition to Classical Studies in the ancient Greek language. She has a small private practice in Colorado Springs.



**David Drapes, Ph.D.** (1996) was recently elected President of the Milwaukee Area Psychological Association. David’s clinical work on EEG Neurofeedback was featured in Ashok Bedi, M.D.’s 2012 book, [Crossing Over to the Healing Zone](#). He also presented *Jung, Biofeedback and Brain Rhythms* at an International Society of Neurofeedback Research conference. He is currently working on a mathematical formula for the psyche, brain and behavior response – and is also enjoying the sailing season on Lake Michigan on his sailboat.



## Clinical Alumni News



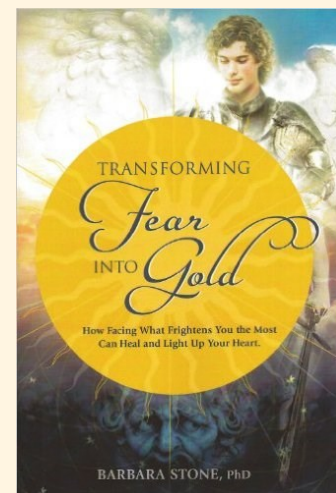
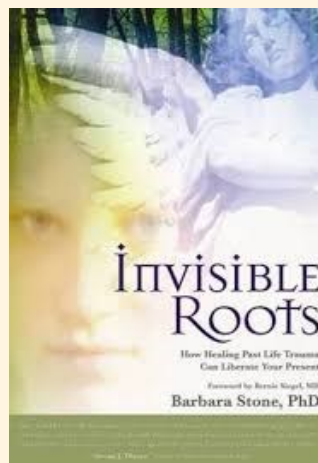
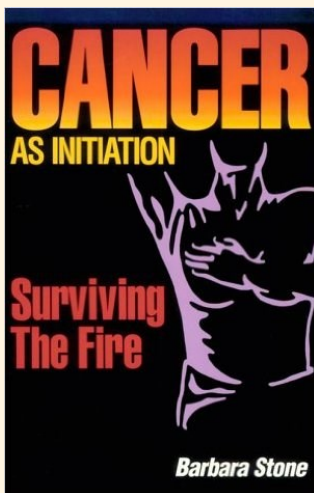
**Elaine Aron, Ph.D.** (1994) authored *Psychotherapy and the Highly Sensitive Person*, published by Routledge Press, and has been researching, writing, and speaking about sensory processing sensitivity, or "highly sensitive people." She maintains a [newsletter](#) and blogs on this topic. A documentary film about HSP, [SENSITIVE](#), is available to view or purchase. Click on the link for these options and to view the trailer.



**Mary Ellen O'Hare-Lavin, Ph.D.** (1994) has lectured nationally and in Ireland on addictions, women's spirituality, alchemy, and Jung's concept of typology. She has a private practice in Wilmette, Illinois and is an adjunct faculty member at Oakton Community College. She writes, lectures and is a consultant. At the 2015 Illinois Counseling Association Conference, Mary Ellen will deliver a paper and lead a workshop entitled *Mythologies in Relationships and Relationships in Mythology* using the myth of Baucis and Philemon. The theme of the conference is: "Courage: The Contagious Spirit of the Counselor's Lifework." The purpose of this presentation is to give therapists and counselors the tools with which to work with an older population with dignity and respect.



**Barbara Stone, Ph.D.** (1994) travels internationally, speaking at conferences and teaching the [Soul Detective® Method](#) she developed to identify and clear the spiritual origins of emotional and mental disorders. She has recently taught in Germany, Bulgaria, and Canada as well as numerous U.S. locations. She is the author of three books, which outline the course of her clinical growth: *Cancer As Initiation: Surviving the Fire* (1994); *Invisible Roots: How Healing Past Life Trauma Can Liberate Your Present* (2006); *Transforming Fear into Gold: How Facing What Frightens You the Most Can Heal and Light Up Your Heart* (2012).



# Clinical Alumni Highlights

## Janet Brito, Ph.D., LICSW

### Why did you choose to come to Pacifica?

In May 2004, I was a training to become a Peace Corps volunteer in Nicaragua where I took advantage of copious amounts of reflection, reading, and writing time to study my dreams. With each dream reflection, I felt like a skilled weaver who artfully interlaces pieces of fabric to form intricate patterns. During one seven day period, I had a series of foreboding dreams. Feeling like I could not ignore the hunch that something bad would happen, I announced to the Peace Corps staff that I would resign. Initially, I felt like a failure but, eight days after returning to Chicago, when I received a call that all Peace Corps volunteers on the Nicaragua coast were going to be evacuated due to safety concerns, I felt humbled and thankful for the dreams I had received those nights. I believe that my practice of tending to my dreams kept me safe. It also set my career trajectory and strongly influenced my decision to attend Pacifica.

My dream experience was so powerful that I started to re-search everything I could about dreams. When I saw Marion Woodman on Pacifica's website, I knew I had to come here and learn more about the relationship between clinical and depth psychology. I knew I needed to be engulfed in a training environment that recognized the role of the unconscious, and the archetypal, and mythical elements of psychological life.

### Could you share about your post-doctoral experience?

Currently, I am a Postdoctoral Clinical/Research Fellow at the University of Minnesota's Center for Sexual Health (CSH), one of the few training programs in the country specializing in sex therapy and education. As a fellow I complete diagnostic assessments and provide individual, family, couple and group psychotherapy for a wide range of sexual issues. I am involved in four of the clinic's programs, including compulsive sexual behavior, relationship and sex therapy, transgender health, and sex offender treatment. In a typical week, I complete 2-3 diagnostic assessments, co-facilitate 2 therapy groups, provide 28 clinical hours, and attend various meetings and supervisions. I am grateful to train with many highly qualified sex therapists, including Dr. Eli Coleman, Dr. Michael Miner, and Dr. Katie Spencer. Recently, I had the opportunity to share my dissertation research (Infertility Among Women of Mexican Descent Living in the United States: A Phenomenological Analysis on the Emotional and Sexual Impact and Coping Style) at the Society for Sex Therapy and Research in Boston, MA.

### How has Pacifica prepared you for this work?

Pacifica's Clinical Psychology program prepared me for this fellowship in 3 ways: 1) Dr. Groth Marnat's assessment courses



helped me with case conceptualization and to integrate assessment results into a user friendly psychological report, 2) PGI's diverse clinical courses taught me about the importance of providing client-centered interventions that emphasize a biopsychosocial and multicultural approach to clinical understanding and treatment, and 3) the program's emphasis in Scholarly Inquiry and Research prepared me to interpret research findings and apply evidence-based models in my work with culturally diverse individuals.

**"In clinical practice, it is vital for clinicians to recognize the significant connection between sexual and mental health."**

### What do you wish you would have known or done when you were a student at Pacifica based on where you are now?

I wish Pacifica had offered a Human Sexuality course. I believe it is important to understand how cultural, biological, psychological, historical, and social dynamics impact an individual's gender identity and expression, sexual orientation, and sexual practices. In clinical practice, it is vital for clinicians to recognize the significant connection between sexual and mental health. Additionally, in my work as a sex therapist, it has been useful to treat sexual symptoms through a depth psychological lens by associating archetypal themes with symptoms and by recognizing the healing power of Eros and the value of countertransference.

### What do you hope your training at Pacifica and beyond prepared you to do?

Overall, Pacifica's Clinical Psychology program gave me the confidence to utilize approaches that integrate psychodynamic, cognitive behavioral, and developmental techniques. I value their investment on training clinical psychologists to integrate depth psychology with mainstream models. As an alumni, I am super grateful I made the choice to attend Pacifica.

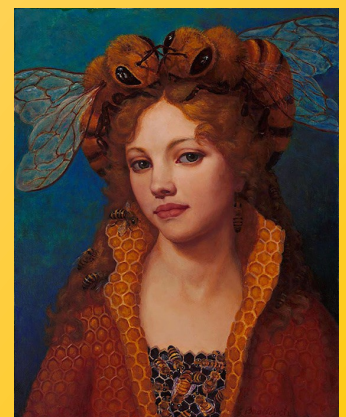
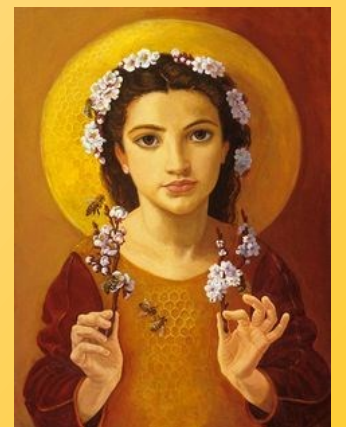
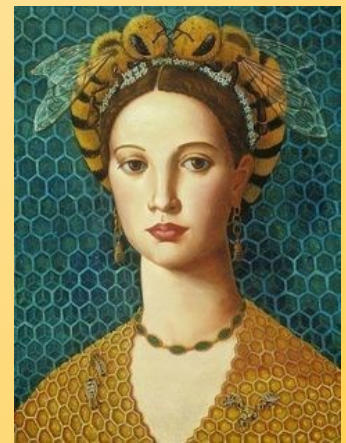


Professor Emerita, **Veronica Goodchild, Ph.D.**, walked a second part of the ancient *Le Puy* Camino in South-West France from mid-September to mid-October last fall. Beginning in the beautiful mediaeval village of Conques where she completed her pilgrimage in 2013, she walked solo for another 28 days to the small town of St. Jean-Pied-de-Port on the Spanish border, the place where all the pilgrimage paths from Europe link up before the Camino de Santiago ascends the Pyrenees and enters the routes across northern Spain as the *Camino Frances*.

Veronica responds to an inner call to make these meditative walks, and does so as a contribution to our Earth in these times of environmental stress on so many levels, both inner and outer. She finds that as she engages the challenges and arduousness of the Path, she slowly gets out of her mind and into her heart. In that place, the web of life - what the alchemists called the *lumen naturae*, light of nature, or *anima mundi*, soul of the world - comes alive and she experiences nature as vibrant, and herself as a small cell in a broader arc of creation that links earth and stars. She receives the message that our Earth wants to be loved, and not only fretted over.

Veronica is in the process of writing up her experiences along the Way, including her engagement with talking stones, ringing bells, sacred fountains, magical forests, and a snake on the floor of a chapel to the goddess. Her experiences have led her to two different but related shamanic traditions: the Path of Pollen, Way of the Melissae, an ancient indigenous European path based on the symbolism of the Sacred Bee; and an Andean mystical path, dedicated to personal and planetary healing service to our sacred Earth. These traditions extend Jung's individuation to a more direct relationship with Nature, sacred sites, oracular traditions, and pilgrimage walking, one that Veronica feels is essential in our current ecological and spiritual crisis. Following these inner journeys in the outer world, have led her to title her new book, *Walking the Songlines of the Soul!*

Veronica also gave a talk on her book *Songlines of the Soul* and some of her experiences while walking, to the C. G. Jung Club in London on May 14<sup>th</sup>, 2016. The title of her workshop was: "Songlines of the Soul: Psyche, Nature and 'Celestial Earth.'" ([www.jungclub-london.org](http://www.jungclub-london.org))





## Faculty News – 2015-2016

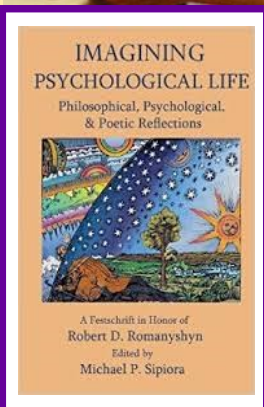


**Robert Romanyshyn, Ph.D.** retired in August, 2015 and is now an honored Emeritus Professor; this has not slowed him down. In February 2016, he presented his DVD, *Antarctica: Inner Journeys in the Outer World*, at the *World Soul Conference: Awakening Ancient Bonds with the Living Soul of the World*, sponsored by the Limerick School of Art and Design in Clonmel, Ireland. While there, he also conducted two workshops for art therapists on Dreams, Active Imagination and Body Work.

In March, Robert gave the keynote address at an art opening and three day conference *The Body Eclectic: Exploring the Diversity of Bodily Being*, sponsored by Thompson Rivers University Gallery in Kamloops, B.C., Canada. His presentation, *The Frankenstein Diaries: The Untold Story*, was preceded by a panel discussion with artists on the topic of embodiment and phenomenological experience.

Duquesne University, Robert's *Alma Mater*, invited him to present a lecture for their archives. His presentation, *On Be-coming and Un-becoming a Psychologist: A Biography of Psychology told from the Margins*, was in April, 2016. His lecture was preceded by a filmed interview for the archives. The theme of the interview: Phenomenological Psychology: Re-Collections and Reflections.

**In July, 2015, Clinical Psychology students, Faculty, Alumni, and PGI colleagues and friends gathered to honor Robert's work upon his retirement from Pacifica.**



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## Faculty News – 2015-2016



**Avedis Panajian, Ph.D.** lectured this winter at the Graduate School of Psychology and Institute of Object Relations in Seattle, WA on the topic "What Makes a Psychotherapist" and he offered a seminar on "Psychosis and Psychotic aspects of Personality." He has written two articles that will be forthcoming from Karnac Books in London: "Toleration" in honor of James Grotstein; and, on "Hysteria" to be published for an International Conference on Wilfred Bion. He will be editor of "Contemporary Freud: Lay Analysts," a series on contemporary readings of Freud, sponsored by the International Psychoanalytic Association.

**Juliet Rohde-Brown, Ph.D.** (with Dr. Elizabeth Wolfson) will present "Adults Giving Care to Adults: Existential Perspectives on What is Gotten, Given, and Given Up" as a two hour CE presentation at the [9<sup>th</sup> Annual Conference of the Society for Humanistic Psychology \(Division 32\) of the American Psychological Association](#) in March, 2016. In June she presented "The Image of the Desert: An Experiential Workshop" at the [2016 Jungian Society for Scholarly Studies](#) Conference "Earth/Psyche: Foregrounding the Earth's Relations to Psyche" in Santa Fe, New Mexico.



**Oksana Yakushko, Ph.D.** will take sabbatical during most of the Spring 2016 to enjoy creative writing and to finish some of her research and publishing projects. She is:

- ◆ The primary editor of the Special issue on Indigenous Psychologies and Women in the *Women and Therapy* journal - including 20 articles from around the globe and the U.S., with work by Pacifica faculty and students. To be released in summer 2017.
- ◆ Co-author of an article with clinical student Anthony Bonavita on spiritual care, forthcoming in *OMEGA: Journal of Death and Dying Studies*.
- ◆ Member of the Training Committee of Division 39, Psychoanalysis, APA.
- ◆ Presenting on immigration, in April, with Pacifica students at the upcoming Division 39, Psychoanalysis, conference, ["Hot and Bothered: Coming Together Without Falling Apart"](#)
- ◆ Publishing upcoming chapters on integrative practices in the revised *Handbook of Multicultural Psychology* and on psychotherapy with immigrants and refugees in the *Oxford Handbook of Psychotherapy*.
- ◆ Working on several revisions of articles with students and colleagues. Among the new projects is an article recently submitted (together with Eva Blodgett, clinical student) entitled "Negative reflections on positive (counseling) Psychology" and an article (with Eva as the first author) entitled "Broken Lives - a phenomenological study of survivors of Stalinist persecutions."
- ◆ Enjoying an award received for a recent publication on attitudes toward immigrants.
- ◆ Sought out for interviews on her work on xenophobia: [Discovery News](#)
- ◆ Co-authoring several entries for the forthcoming *Encyclopedia of Gender* with our clinical students.

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